







# Kids in Motion 3-5 March 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <u>5:00</u> BasketBall - Chanda 5:30 Pre- Ballet - Mollie	2 <u>5:30</u> S.P.L.A.A.T. Christine 6:15 PreTumble - Lori	3	4 <u>9:30a</u> H.E.A.T -Lori <u>5:00</u> PreKarate (4-6) - Chris 5:45 AnimalYoga - Lori	5	6 <u>10:00</u> Pre-Soccer*-Christine
7	8 <u>5:00</u> BasketBall - Chanda 5:30 Pre- Ballet - Mollie	9 <u>5:30</u> S.P.L.A.A.T. Christine 6:15 PreTumble - Lori	10	11 <u>9:30a</u> H.E.A.T -Lori <u>5:00</u> PreKarate (4-6) - Chris 5:45 AnimalYoga - Lori	12 	13 <u>10:00</u> Pre-Soccer*-Christine
14 <u>Underlined Classes will be held in Gym</u> <b>All other classes held in KIM room</b>	15 <u>5:30</u> Scooter Races	16 <u>5:30</u> Kickball	17 	18 <u>9:30a</u> H.E.A.T -Lori <u>5:00</u> PreKarate (4-6) - Chris 5:45 AnimalYoga - Lori	19	20 <u>10:00</u> Pre-Soccer*-Christine
21 	2 <u>5:00</u> BasketBall - Chanda 5:30 Pre- Ballet - Mollie	2 <u>5:30</u> S.P.L.A.A.T. Christine 6:15 PreTumble - Lori	24	25 <u>9:30a</u> H.E.A.T -Lori <u>5:00</u> PreKarate (4-6) - Chris 5:45 AnimalYoga - Lori	26 	27 <u>10:00</u> Pre-Soccer*-Christine
28 	2 <u>5:00</u> BasketBall - Chanda 5:30 Pre- Ballet - Mollie	3 <u>5:30</u> S.P.L.A.A.T. Christine 6:15 PreTumble - Lori	31	<b>National Fitness Center</b> <b>750 Briarcliff Ave Oak Ridge, TN 37830</b> <b>Contact: Chanda Knight 483-6868</b> <b>chandaknight@nfc1.com</b>		