



Kids In Motion March 2010

NFC 1950 W AJ Hwy, Morristown TN 37814 (423) 317-3337
Children's Activity Director: Jessica Escobales

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

10:00 Ball Sports 7-12
5:00 Strong Kids 7-12
5:00 ABC Yoga 3-6
5:30 Karate 7-12
5:45 Fit Kids 3-6

2

10 Creative Movement
5:00 Step Aerobics 7-12
5:00 Level 1 Soccer
5:30 Soccer 7-12

3

10:00 Fit Kids 7-12
5:00 Mumbo Jumbo 3-6
5:15 Basketball 7-12
5:30 Pre Karate 4-6
6:00 Tumble 7-12

4

10:00 Creative Movement
5:00 Cheer / Dance 7-12
5:00 Ball Sports 3-6
5:30 Cheer / Dance 3-6
5:45 Ball Sports

5

6

9:30 Fitness Fun 3-6
10:15 Fitness Fun 7-12

7

8

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Summer is only a few months away! See the front desk to register your child for swim lessons!